

### *Prayer For Protection Against Danger*

Mother of Jesus, be our protector and defender against all that is harmful or evil. Bring our needs before Almighty God, that we may be surrounded by God's Holy Angels, and give us the grace to conquer every danger and overcome all that would threaten our health and well being.

Be for us light in times of darkness, strength when we are weak, wisdom in our confusion, healing in times of illness, and courage to work through life's problems and difficulties. Give us joy when we are sad, bread to feed our hunger, and eternal life to defeat the power of death.

Virgin Mary, guide our life-journey, so that we may always walk safely together with you and your Divine Son, Jesus Christ, in God's loving friendship. Amen.



### *Prayer During Times Of Personal Illness*

Blessed Mother, through the countless miracles attributed to your intercession, you have evidenced a generous and compassionate heart and a great love for the sick. Be with me during this time of ill health, and accompany me as I face sickness and infirmity. Help me to experience God's healing power through your prayers, as well as my own.

Lead me to unite myself to the Cross of Jesus Christ, so that this suffering brings spiritual benefit to me and to others. May my bearing the cross of illness here on earth, prepare me for the eternal joys of perfect happiness and fullness of life with God forever in heaven. Amen.

### *Prayer For A Sick Relative Or Friend*

Mary, full of grace, spiritual mother to those in need, I fervently request your heavenly intercession for (*here name*) who is ill and seeks God's miraculous assistance. You truly care for the sick and offer them your compassionate support in powerful acts of healing. Stay near to (*name*) with your maternal protection. Console our anxious hearts and grant that our physical and emotional sufferings be a source of purification and growth for eternal life. Amen.



### *Prayer To Our Lady Of Guadalupe*

Most gracious Virgin of Guadalupe, in your apparitions to St. Juan Diego at Tepeyac you promised to show mercy and compassion to all who sought your help and protection. In love and trust I place my petitions before you (*here mention your requests*) and ask for your motherly care. I come to you hopeful and confident that, relying on your heavenly intercession, nothing can trouble or harm me.

As you have remained with us through your admirable image, O Blessed Lady, so now obtain for us the graces we need. Amen.

### *Prayer For Good Health*

Mary, Mother of Jesus and spiritual Mother of all who follow Him, I ask you to watch over my loved ones with maternal affection. I pray especially for the gift of good health of mind and body for my family, my relatives, my friends and myself.

Blessed Mother, when we are ill, help us to bear patiently with sickness and suffering.

I place in your loving care all my personal needs and health concerns, that you may bring my petitions each day to the Heart of your Divine Son. Amen.

### OBLATE MISSIONS

Missionary Association of Mary Immaculate  
323 Oblate Drive  
San Antonio, TX 78216  
Phone: (210) 736-1685 • Fax: (210) 736-1314  
[www.oblatemissions.org](http://www.oblatemissions.org)

# *Prayers and Devotions for Health and Healing*



*Our Lady of Lourdes, pray for us.*

### *A Short Blessed Mother Prayer*

Mary, mother whom we bless,  
full of grace and tenderness,  
defend me from the devil's power,  
and greet me in my dying hour. Amen.

### *Prayer For Personal Healing*

Heavenly Mother, I seek your loving intercession for the gift of good health, that I may serve your Divine Son more faithfully and love Him with all my heart and soul. I pray to be well and strong, that I may use the talents and gifts God has given me for His honor, in caring for my family, and in service to others. Help me to bear patiently with illness, and to grow always in God's wisdom and grace. Amen.

### *Prayer For The Healing Of Loved Ones*

Mother of our Savior, intercede with your Divine Son for my loved ones who are ill, especially (*here mention names*).

Ask Almighty God to grant them good health, to send His Angels to watch over them, to protect them from danger, and to keep them safe from lasting injury or harm.

May Christ, the Good Shepherd, soothe their suffering and grant them a full recovery.

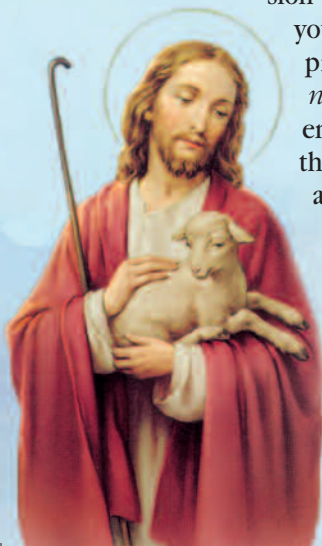
Virgin Mary, embrace them with your motherly love and with your gentle, healing presence, that God's bountiful goodness may always be their source of comfort, strength and joy. Amen.

### *Prayer For Those On Medication*

Loving God, You have provided in our world many healing remedies to assist us when we are sick. You have given great knowledge to doctors and scientists to discover medicines that can cure diseases and help our bodies to heal.

God of life, hear my prayer. Through the intercession of the Blessed Virgin Mary, I ask your blessing upon the medication prescribed for (*here mention name*) so that he/she may experience healing, and be restored to the fullness of health in both mind and body.

I call upon Your holy and divine power to remove this sickness, with the aid of effective medications, so that his/her recovery may be a cause for joy, and a special sign of Your love and goodness in our lives. Amen.



### *Prayer For The Healing Of A Spouse*

Mary, Queen of Heaven and earth, you live now in eternal unity with Jesus Christ, the Divine Physician. I confidently ask for your powerful intercession on behalf of my beloved spouse (*here mention name*) who seeks to be restored to good health.

The years we have shared together, and the love we have known in our marriage, are precious and dear to me. At this time my heart breaks in my helplessness, but I believe that with the Lord all things are possible.

Mary, loving spouse of St. Joseph, comfort me in my fears and worries, and obtain blessings for my beloved spouse so that (*name*) may be quickly and completely restored to health. Amen.



### *Prayer For Emotional Healing*

Holy Mary, loving mother and heavenly guide, be present to me now and let me know your compassion and kindness. Pray for me to your Divine Son, that I may experience calmness, tranquility and peace in all my emotions.

Help me to grow in faith and love. Protect me from all that displeases God, and obtain for me serenity of mind, body and spirit.

I place my trust and confidence in you, dear Blessed Mother, and I pray that God's blessings of mercy, grace and gentle goodness will bring happiness to my life, now and always. Amen.

### *Prayer For Those Suffering With Cancer*

Mary, health of the sick, you brought forth into our world Jesus Christ, our Divine Healer. In your caring goodness, intercede for (*here mention name*) who is truly in need of miraculous assistance.

If it be God's will, I ask this day that the gift of healing from all forms of cancer be granted to (*name*). Comfort him/her during times of anguish, pain, confusion and despair. Ask our gracious Savior to grant him/her physical health, inner peace and patience in suffering.

May God's healing graces grant (*name*) a life of happiness, health and fulfillment here on earth, and one day, the joy of eternal glory in His loving embrace. Amen.

### *Our Lady of Lourdes, Protect Us!*



### *Prayer For Those Seeking To Conceive A Child*

Mother of Christ, you were graced by God with the privilege of bearing our Divine Savior. You experienced all the joys and challenges of being a parent. Your life was blessed with seeing Jesus grow from infancy and childhood, into his adult years of teaching and ministry. With St. Joseph, you created a home for your family to love and share together.

Please intercede before the God of all life, that (*here mention names*) may conceive a baby and raise healthy children, with whom they can share the Lord's good gifts.

May their children honor them and You by lives of virtue and caring for others. May their home be holy and their family be blessed with health, happiness and abiding love. Amen.

### *Prayer For The Health Of An Expectant Mother And Her Unborn Child*

Humble Mary of Nazareth, you were chosen by God to bear within you our world's greatest gift, the Savior of all humanity. I come to you now on behalf of (*here mention name*) who prays for the health and safety of the child that God has graced her to conceive.

Guard this life that God has created, and protect the mother God has chosen for this child. Let your gentle hands, like that of a skilled physician, assist in her delivery so that this baby will know good health and lasting happiness.

May her child be favored with the grace of Holy Baptism, and grow to love our Lord Jesus Christ above all else in this world. Amen.